

RUNNING BOSTON?

Whether you're a first-time marathoner, elite athlete or back-of-the-pack runner,
join

TEAM GRIFFIN'S FRIENDS

in the
18th Annual Marathon Challenge
at the
116th Boston Marathon
Patriot's Day, Monday, April 16, 2012

The Marathon Challenge benefits the Griffin's Friends Children's Cancer Fund at Baystate
Health Foundation, Inc.,
for children in treatment for cancer and their families at
Baystate Medical Center in Springfield, Massachusetts.

www.griffinsfriends.com

2012 TEAM
GRIFFIN'S FRIENDS
MARATHON CHALLENGE
REGISTRATION FORM

YES, SIGN ME UP FOR THE 2012 TEAM GRIFFIN'S FRIENDS MARATHON CHALLENGE.

Name: _____
Address: _____ City _____ State _____ Zip _____
e-mail address: _____ (We need this to send you news and updates.)
Phone: () _____ Best time to reach you at this number:

Have you completed a marathon? *Y/N*
Are you a qualified Boston Marathon runner? *Y/N*
Tee shirt size: *S M L XL*
Singlet size (unisex): *S M L XL*

PLEASE READ THE FOLLOWING WAIVER/RELEASE AND SIGN BELOW.

WAIVER/RELEASE In consideration of accepting this entry to and allowing me to participate in the 2012 TEAM GRIFFIN'S FRIENDS Marathon Challenge, I, the undersigned, intending to be legally bound, for myself and my heirs, executors and administrators, hereby hold harmless from any damages, losses, or personal injury of any kind sustained during or in any way connected with or otherwise concerning my participation in the Marathon Challenge any one or any sponsors of this event, including but not limited to Team Griffin's Friends, Griffin's Friends, Griffin's Friends Children's Cancer Fund, Baystate Health Foundation, Inc., Baystate Medical Center, Inc., Baystate Health System, Inc., and their affiliates, and any individuals, employees or agents associated with such entities, and their representatives, successors and assigns; and further, I hereby waive and release and forever discharge such persons or sponsors of and from any and all claims, causes of action, judgments and rights for any losses and damages I may have, arising from any and all injuries, including death, losses or damages suffered by me in this event. This release is intended to be as broad and inclusive as permitted by the laws of the Commonwealth of Massachusetts, and if any provision herein is held invalid or unenforceable for any reason, this release shall thereafter be read, construed, and enforced as though such invalid or unenforceable provision were not included herein. I verify that I am physically fit and have trained sufficiently for the completion of this event and that a licensed medical doctor has verified my physical condition. I hereby grant full permission to any one and all of the sponsors to use any photographs, videotapes, pictures or other likeness of me obtained in connection with this event to for any lawful purpose.

Participant's signature: _____ Date: _____

DO YOU KNOW SOMEONE WHO MAY BE INTERESTED IN JOINING TEAM GRIFFIN'S FRIENDS?

Tell us to whom we can send information about the 2012 TEAM GRIFFIN'S FRIENDS Marathon Challenge:

Name: _____
Address: _____ City _____ State _____ Zip _____
e-mail address: _____ Phone: () _____

Please send questions and registrations to:

Griffin's Friends, c/o Baystate Health Foundation, Inc., 280 Chestnut St., Springfield, MA 01199

Please send all contributions to:

Griffin's Friends Children's Cancer Fund, Baystate Health Foundation, Inc., 280 Chestnut St., Springfield, MA 01199

GRIFFIN'S FRIENDS

December, 2011

Griffin's Friends is proud to begin its *eighteenth* annual Marathon Challenge. Since 1995, hundreds of runners and volunteers raised over one million dollars to "bring moments of joy to courageous kids." In past years, much has been done to achieve that mission. Your great efforts to run the Marathon and seek financial support have benefitted sick children and their families in countless ways. Our projects and activities have brought smiles to the faces of Griffin's Friends' children. Your hard work and commitment have shown them that they are not alone in their fight against devastating disease.

In recent years, the money that runners and volunteers raised helped to do some wonderful things for Griffin's Friends:

Season tickets for the Springfield Falcons and Quadrangle Museums allowed children and families to watch exciting local hockey and enjoy museum festivities.

A variety of family shows were enjoyed at the Mass Mutual Center. This year kids enjoy the merriment of the Harlem Globetrotters during February vacation. Our kids also saw everything from Sesame Street Live to WWF wrestling shows. Fun was had by many at the Melha Shrine Circus.

The Sisters of St. Joseph Quilters created numerous handmade child-size quilts for Griffin's Friends' families. Over the last 12 years, the SSJ quilters have created and donated 450 quilts for Griffin's Friends families. These cherished gifts are placed in a Griffin's Friends duffel bag with other accoutrements which are given to each newly diagnosed family.

Many toys, crafts, DVD's CD's and video games were purchased for Griffin's Friends children at the Oncology Clinic. A new VCR/DVD player and radio/CD player were supplied to the Clinic and its waiting area. Relaxation CD's and bereavement and educational books were added to family resource collections.

Massage therapy was offered for families.

The second annual Griffin's Friends Costume Bowl was held at Shaker Bowl in East Longmeadow.

Complete Thanksgiving meals were delivered to several Griffin's Friends families. Big Y gift certificates were given to many other families. 35 families were helped in 2010.

Christmas presents were distributed in a festive Holiday party and ride through Bright Nights. Over 30 families were supported in 2010.

In recent years, a number of families attended Springfield Armor and Springfield Falcons games.

Transportation and support were provided to two summer camps, Camp Sunshine and the Hole in the Wall Camp. Campers were outfitted with backpacks including essentials for the week away. 15 children, seven of whom were first-time campers, attended Hole in the Wall Gang Camp.

Birthdays and end of treatment parties were held in the Clinic.

A Summer Outing and Family Picnic was held at Six Flags. Over 150 patients and family members had a wonderful day at the park.

Transportation was provided for families in need of specialized treatment in Boston hospitals.

2012 Marathon Challenge
TEAM
GRIFFIN'S FRIENDS

My name

Childhood ambition

Fondest memory

Soundtrack

Retreat

Wildest dream

Proudest moment

Biggest challenge

Alarm clock

Perfect day

First job

Indulgence

Last purchase

Favorite movie

Inspiration

My life

GRIFFIN'S FRIENDS

18th Annual Marathon Challenge
at the
116th Boston Marathon

Calendar, Resources and Race Application Information

*2012 TEAM Griffin's Friends
CALENDAR OF EVENTS*

Sun, Dec 18, 9A	Allen Street Package Store	6-8 miles	Spfld
<i>Sat, Dec 24, 9A</i>	Allen Street Package Store	6-8 miles	Spfld
<i>Sat, Dec 31, 9A</i>	Allen Street Package Store	8 miles	Spfld
Sun, Jan 8, 9A	Allen Street Package Store	8-10 miles	Spfld
Sun, Jan 15, 9A	Allen Street Package Store	8-10 miles	Spfld
Sun, Jan 22, 9A	Allen Street Package Store	10 miles	Spfld
Sun, Jan 29, 9A	Allen Street Package Store	10-12 miles	Spfld
Sun, Feb 5, 9A	Allen Street Package Store	12-14 miles	Spfld
Mon, Feb 6, 6:15P	<i>Children's Hospital Play Deck activity</i>		BMC/Spfld
Sun, Feb 12, 9A	Allen Street Package Store	12-14 miles	Spfld
Sun, Feb 19, 9A	Allen Street Package Store	14-16 miles	Spfld
Sun, Feb 26, 11A	<i>DH Jones Race**</i>	10 miles	Amherst
	<i>Apply on line at http://www.runreg.com/events/register.asp?eventid=2939</i>		
	Or Allen Street Package Store	14-16 miles	Spfld
Sun, Mar 4, 9A	Allen Street Package Store	16-18 miles	Spfld
Mon, Mar 5 6:15P	<i>Children's Hospital Play Deck activity</i>		BMC/Spfld
Sun, Mar 11, 9A	Allen Street Package Store	18-20 miles	Spfld
Thu, Mar 15	Mummer's St. Pat's Benefit		TBA
<i>Sat, Mar 17, 1P</i>	<i>St. Patrick's Road Race**</i>	10K (traditional 20K)	Holyoke
	<i>Apply on line at www.holyokestpatrickroadrace.org</i>		
Sun, Mar 18, 9A	Allen Street Package Store	10 or 20 miles	Spfld
Sun, Mar 25, 9A	Allen Street Package Store	20 miles	Spfld
Sun, Apr 1, 11A	<i>Spring 1/2 Marathon**</i>	13.1 miles	Westfield
	<i>Apply on line at www.bgcwestfield.org</i>		
	Or Allen Street Package Store	20 miles	Spfld
Mon, Apr 2, 6:15P	<i>Children's Hospital Play Deck activity</i>		BMC/Spfld
Sun, Apr 8, 9A	Allen Street Package Store	10 miles	Spfld
<i>Sun, Apr 15</i>	<i>Carbo load and light run on your own</i>		
<i>Mon, Apr 16, 5:30A</i>	<i>116th BAA Marathon</i>	<i>10A start</i>	Hopkinton
TBA, 6:00P	<i>18th Gala Griffin's Friends Banquet</i>		TBA

* All training run distances are negotiable. Whatever your pace or distance, we're likely to have a partner for you!
 ** Wear your singlet!

Griffin's Friends Children's Cancer Fund
 Baystate Health Foundation, 280 Chestnut Street, Springfield, Massachusetts 01199

